



Policy Number: EVH_MP_2520.MPC

Last Review Date: 05/21/2026

Effective Date: 06/01/2026

EVH_MP_2520.MPC Vision Therapy

Documentation

Documented requirements for Orthoptic Vision Therapy include ALL of the following:

- Initial evaluation completed by an ophthalmologist/optometrist including comprehensive plan of treatment with quantifiable measurements/percentages to support diagnosis
- Follow-up examinations with quantifiable measurements or percentage of improvement compared with initial evaluation/visit
- Use of modalities

Indications

Maryland Physicians Care considers **Orthoptic Vision Therapy** medically necessary for any ONE of the following conditions ⁽¹⁾:

- Amblyopia (poorly develop vision) ⁽²⁾
- Strabismus (misalignment of the eyes) including esotropia, exotropia and hypertropia ⁽³⁾
- Non-strabismic binocular disorders (inefficient eye teaming)
- Ocular motility dysfunctions (eye movement disorders)
- Accomodative disorder (focusing problems) ⁽⁴⁾
- Visual information processing disorders, including visual-motor integration and integration with other sensory modalities ⁽⁵⁾

Limitations

- Coverage is limited per health plan benefit
- Orthoptic Vision Therapy is not covered for any of the following:
 - Dyslexia or other learning/educational disabilities including developmental delay
 - Behavioral/perceptual vision therapy
 - Treatment for traumatic brain injury
 - Home computer orthoptic programs

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Codes

CPT Codes / HCPCS Codes / ICD-10 Codes	
Code	Description
CPT Codes	
92065	Orthoptic training; performed by a physician or other qualified health care professional
92066	Orthoptic training; under supervision of a physician or other qualified health care professional
ICD-10 codes covered if selection criteria are met:	
H49.00-H49.9	Paralytic strabismus
H50.00-H50.08	Esotropia
H50.10-H50.18	Exotropia
H50.21-H50.22	Vertical strabismus Hypertropia
H51.0	Palsy (spasm) of conjugate gaze
H51.11	Convergence insufficiency
H52.00-H52.7	Disorders of refraction and accommodation
H53.001-H53.049	Amblyopia ex anopsia
H53.30-H53.34	Other and unspecified disorders of binocular vision

Policy History

Date	Summary
May 21, 2026	<ul style="list-style-type: none">This guideline was renumbered from MP.104.MPC Vision TherapyAnnual Review - Added Documentation section and moved documentation info up from Indications; minor updates to Indications; moved Note under Indications to Limitations section and reformatted content; updated description of code 92065; added Policy History Log; updated References

References

- American Optometric Association. Evidence-Based Clinical Practice Guideline: Comprehensive Pediatric Eye and Vision Examination. *Optometric Clinical Practice*. Published online 2020:2-67. doi:10.37685/uiwlibraries.2575-7717.2.2.1007

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2. Rouse MW, Cooper JS, Susan OD, et al. OPTOMETRIC CLINICAL PRACTICE GUIDELINE: CARE OF THE PATIENT WITH AMBLYOPIA. Published online 2004.
3. Sprunger DT, Lambert SR, Hercinovic A, et al. Esotropia and Exotropia Preferred Practice Pattern®. *Ophthalmology*. 2023;130(3):P179-P221. doi:10.1016/j.ophtha.2022.11.002
4. Cooper JS, Burns CR, Cotter SA, Daum KM, Griffin JR, Scheiman MM. OPTOMETRIC CLINICAL PRACTICE GUIDELINE: CARE OF THE PATIENT WITH ACCOMMODATIVE AND VERGENCE DYSFUNCTION. Published online 2011.
5. Garzia RP, Borsting EJ, Steven OD, et al. OPTOMETRIC CLINICAL PRACTICE GUIDELINE CARE OF THE PATIENT WITH LEARNING RELATED VISION PROBLEMS. Published online 2008.

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