

Policy

Maryland Care, Inc., dba Maryland Physicians Care (MPC) utilizes the Maryland Department of Health (MDH) criteria when reviewing for health-related services level of care (custodial care) in a Skilled Nursing (SNF) or Long-Term Care (LTC) facility.

The request for Health-Related Services above the level of room and board (custodial care) must meet the following criteria:

- The plan is for the member to remain in the facility for long-term care.
- Care of an individual who requires hands-on assistance to perform adequately and safely two (2) or more activities of daily living (ADLs) because of a current medical condition or disability. These include bathing, dressing, mobility, toileting/continence, and eating. Or
- Supervision of an individual's performance of two (2) or more ADLs for an individual with cognitive deficits, as indicated by a score of less than 10 on the BIMS exam from the MDS, and who needs assistance with at least three (3) instrumental activities of daily living (IADLs), these include telephone use, money management, housekeeping, and medication management. Or
- Supervision of an individual's performance of two (2) or more ADLs combined with the need for supervision/redirection for an individual exhibiting at least two (2) of the following behavior problems: wandering several times a day, hallucinations/delusions at least weekly, aggressive/abusive behavior several times a week, disruptive/socially inappropriate behavior several times a week and/or self-injurious behavior several times a month.

Limitations

Coverage for post-acute hospital inpatient services (skilled nursing, custodial care) are limited to the first 90 continuous days of admission, including any acute days provided within those 90 days.

Background

Once skilled and/or rehabilitation care criteria is no longer met the concurrent review clinician will request the MDH mandated criteria for custodial care utilizing the BIMS assessment tool and the revised 3871B form from the skilled nursing facility to facilitate submission to the state for disenrollment.



Custodial Care Criteria

Policy No: UM 04

Last Reviewed Date: 02/12/2026

Original Effective Date: 01/01/2017

Codes/Devices/Services

Service	Description
Custodial Care	Health related services above the level of room and board
BIMS	Brief Interview for Mental Status
MDS	Minimum Data Set 3.0

References

- COMAR 10.67.06.07
- COMAR 10.67.06.12
- MDH MCO transmittal 113, December 2016 (PT 15-17)

Revision Log

Reviewed and Revised: Updated template	February 2021
Reviewed and Revised: Minor grammatical edits; added clarification for request of the 3871B form.	February 2022
Annual Review, no revisions necessary	February 2023
Annual Review, No revisions necessary	February 2024
Annual Review, No revisions necessary	February 2025
Annual Review, No revisions necessary	February 2026