



2026 MEDICAL PRACTICE GUIDELINES

Medical Practice Guideline	Source(s)	Guideline Link
Diabetes Care <i>Standards of Medical Care in Diabetes 2025</i>	<i>American Diabetes Association (ADA)</i>	https://diabetesjournals.org/care/issue/48/Supplement_1
Hypertension <i>2020 International Society of Hypertension Global Hypertension Practice Guidelines</i>	<i>International Society of Hypertension</i>	https://www.ahajournals.org/doi/full/10.1161/HYPERTENSIONAHA.120.15026#d1e593

Congestive Heart Failure (CHF)		
2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice	<i>American College of Cardiology Foundation/American Heart Association/ Heart Failure Society of America</i>	https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063?utm_campaign=sciencenews21-22&utm_source=science-news&utm_medium=phd-link&utm_content=phd-04-01-22
Coronary Artery Disease		
2023 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease	<i>ACCF/AHA/ACP/AATS/PCNA/ SCAI/STS</i>	https://www.ahajournals.org/doi/10.1161/CIR.0000000000001168
Chronic Obstructive Pulmonary Disease (COPD)		
<i>Global Strategy for Diagnosis, Management, and Prevention of COPD - 2017</i>	<i>The Global Initiative for Chronic Obstructive Lung Disease (GOLD)</i>	http://www.atsjournals.org/doi/full/10.1164/rccm.201701-0218PP
<i>Global Strategy for Diagnosis, Management, and Prevention of Chronic Obstructive Lung Disease</i>	<i>The Global Initiative for Chronic Obstructive Lung Disease (GOLD)</i>	https://goldcopd.org/2025-gold-report/
Asthma		
<i>Global Strategy for Asthma Management and Prevention, 2024</i>	<i>Global Initiative for Asthma</i>	https://ginasthma.org/2024-report/
Alcohol Abuse		

<i>National Institute on Alcohol Abuse and Alcoholism (NIAA)</i>	<i>Helping Patients Who Drink Too Much, A Clinician's Guide, 2005 Edition</i>	https://www.issup.net/files/2017-07/Helping%20Patients%20Who%20Drink%20Too%20Much%20A%20Clinician%E2%80%99s%20Guide.pdf
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