



Policy Number: MP.104.MPC
Last Review Date: 05/15/2025
Effective Date: 06/01/2025

MP.104.MPC Vision Therapy

Maryland Physicians Care considers **Orthoptic Vision Therapy** medically necessary for any one of the following conditions ⁽¹⁾:

- Amblyopia (poorly develop vision) ⁽²⁾
- Strabismus (misalignment of the eyes) including esotropia, exotropia and hypertropia ⁽³⁾
- Non-strabismic binocular disorders (inefficient eye teaming)
- Ocular motility dysfunctions (eye movement disorders)
- Accomodative disorder (focusing problems) ⁽⁴⁾
- Visual information processing disorders, including visual-motor integration and integration with other sensory modalities ⁽⁵⁾

Documented requirements for orthoptic vision therapy include **ALL** of the following:

1. Initial evaluation completed by an ophthalmologist/optometrist including comprehensive plan of treatment with quantifiable measurements/percentages to support diagnosis
2. Follow-up examinations with quantifiable measurements or percentage of improvement compared with initial evaluation/visit
3. Use of modalities

NOTE: Coverage is limited per health benefit

Limitations

Vision Therapy is not covered for any of the following:

- An absence of documented improvement demonstrated between initial evaluation and follow-up visits;
- Dyslexia or other learning/educational disabilities including developmental delay;
- Behavioral/perceptual vision therapy;
- Treatment for traumatic brain injury;
- Home computer orthoptic programs.

Codes

CPT Codes / HCPCS Codes / ICD-10 Codes	
Code	Description
CPT Codes	

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92065	Orthoptic training
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ICD-10 codes covered if selection criteria are met:	
H49.00-H49.9	Paralytic strabismus
H50.00-H50.08	Esotropia
H50.10-H50.18	Exotropia
H50.21-H50.22	Vertical strabismus Hypertropia
H51.0	Palsy (spasm) of conjugate gaze
H51.11	Convergence insufficiency
H52.00-H52.7	Disorders of refraction and accommodation
H53.001-H53.049	Amblyopia ex anopsia
H53.30-H53.34	Other and unspecified disorders of binocular vision

References

1. Williams GJ, Cotter SA, Hoffman LG, et al. VISION THERAPY.; 1999.
2. Rouse MW, Cooper JS, Susan OD, et al. OPTOMETRIC CLINICAL PRACTICE GUIDELINE: CARE OF THE PATIENT WITH AMBLYOPIA. Published online 2004.
<https://www.aoa.org/aoa/documents/practice%20management/clinical%20guidelines/consensus-based%20guidelines/care%20of%20patient%20with%20amblyopia.pdf>
3. Rutstein RP, Author Martin Cogen PS, Cotter SA, et al. OPTOMETRIC CLINICAL PRACTICE GUIDELINE: CARE OF THE PATIENT WITH STRABISMUS - ESOTROPIA AND EXOTROPIA. Published online 2011.
<https://www.aoa.org/AOA/Documents/Practice%20Management/Clinical%20Guidelines/Consensus-based%20guidelines/Care%20of%20Patient%20with%20Strabismus%20Esotropia%20and%20Exotropia.pdf>
4. Cooper JS, Burns CR, Cotter SA, Daum KM, Griffin JR, Scheiman MM. OPTOMETRIC CLINICAL PRACTICE GUIDELINE: CARE OF THE PATIENT WITH ACCOMMODATIVE AND VERGENCE DYSFUNCTION. Published online 2011.
<https://www.aoa.org/AOA/Documents/Practice%20Management/Clinical%20Guidelines/Consensus-based%20guidelines/Care%20of%20Patient%20with%20Accommodative%20and%20Vergence%20Dysfunction.pdf>

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Garzia RP, Borsting EJ, Steven OD, et al. OPTOMETRIC CLINICAL PRACTICE GUIDELINE CARE OF THE PATIENT WITH LEARNING RELATED VISION PROBLEMS. Published online 2008.

<https://www.aoa.org/AOA/Documents/Practice%20Management/Clinical%20Guidelines/Consensus-based%20guidelines/Care%20of%20Patient%20with%20Learning%20Related%20Vision%20Problems.pdf>

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