

MP.038.MPC Septoplasty-Rhinoplasty

Maryland Physicians Care considers **Septoplasty-Rhinoplasty** medically necessary for the following indications:

Indications for Septoplasty (Adults and Pediatric (any age)) include any one of the following:

1. Obstruction of the nasal airway due to septal deviation ^(1,2):
 - That has failed to respond to conservative medical management over a four week period
2. Documented recurrent sinusitis from a deviated septum ^(1,2):
 - That does not resolve after appropriate medical and antibiotic therapy
3. Recurrent epistaxis related to a septal deformity ^(1,2)
4. Asymptomatic septal deformity ^(1,2):
 - That prevents access to other intranasal areas when required to perform medically necessary surgical procedures (e.g., ethmoidectomy)
5. In association with cleft lip/palate repair ⁽³⁾
6. Nasal septum trauma (e.g., a significant tear or dislocation of the septum) ^(1,2)
7. Obstructed nasal breathing ^(1,2):
 - Due to septal deformity/deviation that is unresponsive to medical management and is interfering with the effective use of Continuous Positive Airway Pressure (CPAP) for the treatment of an obstructive sleep apnea disorder

Indications for Rhinoplasty include any of the following ⁽⁴⁾:

1. Correct functional breathing impairment of the nose caused by:
 - Congenital defects
 - Developmental abnormalities
 - Trauma
 - Infection
 - Tumors
 - Disease
2. Correct significant deformities (result from documented):
 - Nasal trauma
 - Acquired or iatrogenic (e.g., nasal deformity following an accidental injury or following cancer surgery)
3. Correct congenital defects of the nose including:
 - Nasal deformities associated cleft lip and/or cleft palate

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Limitations

1. Cosmetic procedures that are not considered medically necessary are not a covered benefit.
2. When two surgical procedures (one reconstructive and one cosmetic) are performed on the nose during the same operative session, only the reconstructive portion of the surgery is covered.
3. Laser-assisted septoplasty is considered investigative and therefore not medically necessary.

Codes

CPT Codes / HCPCS Codes / ICD-10 Codes

Code	Description
CPT codes:	
30400	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip
30410	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip; complete, external parts including bony pyramid, lateral and alar cartilages, and/or elevation of nasal tip
30420	Rhinoplasty: primary; including major septal repair
30430	Rhinoplasty secondary; minor revision (small amount of nasal tip work)
30435	Rhinoplasty secondary; intermediate revision (bony work with osteotomies)
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)
30460	Rhinoplasty: for nasal deformity secondary to congenital cleft lip and/or palate, including columellar lengthening; tip only
30462	Rhinoplasty: for nasal deformity secondary to congenital cleft lip and/or palate, including columellar lengthening; tip, septum, osteotomies
30465	Repair of nasal vestibular stenosis (e.g., spreader grafting lateral nasal wall reconstruction)
30520	Septoplasty or submucous resection, with or without cartilage scoring, contouring or replacement with graft
30620	Septal or other intranasal dermatoplasty (does not include obtaining graft)

ICD-10 codes covered if selection criteria are met:

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J32.0	Chronic maxillary sinusitis
J32.2	Chronic ethmoidal sinusitis
J32.4	Chronic pansinusitis
J32.8	Other chronic sinusitis
J32.9	Chronic sinusitis, unspecified
J34.0	Abscess, furuncle and carbuncle of nose
J34.1	Cyst and mucocele of nose and nasal sinus
J34.2	Deviated nasal septum
J34.3	Hypertrophy of nasal turbinates
J34.89	Other disease of the nose and nasal sinuses
M95.0	Acquired nasal deformity
Q30.0	Choanal atresia
Q30.1	Agenesis and underdevelopment of nose
Q30.2	Fissured, notched and cleft nose
Q30.8	Other congenital malformations of nose
Q35.1-Q35.9	Cleft palate
Q37.0-Q37.9	Cleft palate with cleft lip
Q67.0-Q67.4	Congenital musculoskeletal deformities of head and face
Q67.4	Other congenital deformities of skull, face and jaw
R04.0	Epistaxis
S02.2XXA	Fracture of nasal bones, initial encounter for closed fracture
S02.8XXS	Fractures of other specified skull and facial bones, sequela
S02.92XS	Unspecified fracture of facial bones

References

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