



## Maryland Early and Periodic Screening, Diagnosis and Treatment Program

In Maryland, the Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Program allows for early identification and treatment of health problems before becoming medically complex and costly to treat. This program is developed by the Maryland Department of Health (MDH) in conjunction with other state departments and closely correlates with the American Academy of Pediatrics Periodicity Schedule.

MDH conducts an EPSDT medical record review each year for compliance with the periodicity schedule. This year's review may be completed as a desktop review or in provider offices by QIarant. MPC encourages, and MDH requires, all providers' participation and cooperation by responding timely to record requests for faxed or mailed-in records. Please ensure that all medical records are complete, inclusive of lab and immunization records. Also, if you are contacted to schedule an onsite visit, please do so promptly.

### EPSDT Regulatory Updates:

In CY 2019, MDH began requiring the following elements in a well-child visit:

- ✚ Recorded Developmental Surveillance/History (0-20 years of age)
- ✚ 9-11 year Dyslipidemia Lab Test
- ✚ 18-21 year Dyslipidemia Lab Test
- ✚ 24 month Anemia Test
- ✚ 3-5 year Anemia Test

Attached is the full **Preventive Health Schedule** which includes the recommended laboratory testing as of 1/2/2022.

**EPSDT resources such as the childhood immunization schedule, preventive health schedule, recommended forms to use during the wellness visit, and billing guidelines are available at: <https://health.maryland.gov/mmcp/epsdt/pages/home.aspx>.**

Should you have further questions, please feel free to contact your Provider Relations Representative or call 800-953-8854, Option 2.



### Maryland Healthy Kids Preventive Health Schedule

Components	Infancy (months)								Early Childhood (months)								Late Childhood (yrs.)								Adolescence (yrs.)							
	Birth	3-5 d	1	2	4	6	9	12	15	18	24	30	36	48	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
<b>Health History and Development</b>																																
Medical and family history/update	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Peri-natal history	X	X	X	→	→	→	→	X	→	→																						
Psycho-social/environmental assessment/update	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Developmental Surveillance (Subjective)		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Developmental Screening (Standard Tools) <sup>1</sup>							X	→	→	X	X	→																				
Autism Screening										X	X	→																				
Mental health/behavioral assessment													X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Substance use assessment																					X	X	X	X	X	X	X	X	X	X		
Depression Screening																					X	X	X	X	X	X	X	X	X	X		
Maternal Depression Screening			X	X	X	X																										
<b>Physical Exam</b>																																
Systems exam	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Vision/hearing assessments <sup>2</sup>	O <sup>2</sup>	S	S	S	S	S	S	S	S	S	S	S	O	O	O	O	S	O	S	O	S	O	S	S	O	S	S	O	S	S		
Oral/dentition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Nutrition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Measurements and graphing:	Height and Weight	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
	Head Circumference	X	X	X	X	X	X	X	X	X	X																					
	BMI										X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Blood Pressure <sup>3</sup>														X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
<b>Risk Assessments by Questionnaire</b>																																
Lead assessment by questionnaire						X	X	X	X	X	X	X	X	X																		
Tuberculosis *			X	→	→	X	→	X	→	→	X	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Heart disease/cholesterol *											X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sexually transmitted infections (STI) *																				X	X	X	X	X	X	X	X	X	X	X		
Anemia *																				X	X	X	X	X	X	X	X	X	X	X		
<b>Laboratory Tests</b>																																
Newborn Metabolic Screening	X		X	→																												
Blood lead Test								X	→	→	X	→	→	→	→																	
Anemia Hgb/Hct								X	→	→	X	→	→	→	→																	
Dyslipidemia Test																			X	→	→							X	→	→		
HIV Test																									X	→	→	→				
<b>Immunizations</b>																																
History of immunizations	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Vaccines given per schedule	X	→	→	X	X	X	→	X	X	X	→	→	→	→	→	→	→	→	→	→	X	X	→	→	→	→	→	→	→			
<b>Fluoride Varnish Program<sup>4</sup></b>							X	X	X	X	X	X	X	X																		
<b>Health Education</b>																																
Age-appropriate education/guidance	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Counsel/referral for identified problems	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Dental education/referral								X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Scheduled return visit	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		

Key : X Recommended; → Recommended if not previously done; S Subjective by history/observation; O Objective by standardized testing; \* Counseling/testing recommended when positive

The Schedule reflects minimum standards required for all Maryland Medicaid recipients from birth to 21 years of age. The Maryland Healthy Kids Program requires yearly preventive care visits between ages 3 years through 20 years. <sup>1</sup>Refer to AAP 2006 Policy Statement referenced in the Healthy Kids Program Manual. -Screening required using standardized tools. <sup>2</sup>Newborn Hearing Screen follow-up recommended for abnormal results. <sup>3</sup>Blood Pressure measurement in infants and children with specific risk conditions should be performed at visits before age 3 years. <sup>4</sup>The fluoride varnish may be administered by either a primary care provider or a dentist.