

Policy Number: MP.076.MPC Last Review Date: 08/26/2021 Effective Date: 10/01/2021

#### MP.076.MPC – Prophylactic Bilateral Salpingo-Oophorectormy

Maryland Physicians Care considers **Prophylactic Bilateral Salpingo-Oophorectomy** (**PBSO**) medically necessary for the following indications:

- 1. PBSO is considered medically necessary for select individuals at high risk of inherited ovarian cancer when the member meets <u>one</u> of the following:
  - a) The member has a positive BRCA1 or BRCA 2 genetic test (refer to PA-055 Molecular Susceptibility Testing for Breast and Ovarian Cancer) or has been diagnosed with a hereditary ovarian cancer syndrome based on a family pedigree constructed by a provider competent to determine the presence of an autosomal dominant inheritance pattern; OR
  - b) There are two first degree relatives (i.e., parent, sibling or child of the individual) with a history of epithelial ovarian cancer or breast cancer OR
  - c) There is one first degree relative and one or more second degree relatives with epithelial ovarian cancer OR
  - d) The member has a personal history of breast cancer and at least one first degree relative with epithelial ovarian cancer OR
  - e) There are two or more second degree relatives with history of ovarian cancer or breast cancer; OR
  - f) The member has a personal history of estrogen receptor positive, premenopausal breast cancer
- 2. PBSO shall be considered for coverage in Hereditary nonpolyposis colorectal cancer (HNPCC) when a prophylactic hysterectomy is performed in these cases

The decision to perform PBSO should not be based only on age; it should be a highly individualized decision that takes into account several patient factors and choices. Hormone replacement therapy could be considered for women undergoing PBSO and patients should be counseled about the risks and benefits of hormone replacement therapy prior to undergoing surgery.



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For women with BRCA1 or mutations, risk-reducing PBSO should be offered after the completion of childbearing and only deferred beyond the early 40s following a careful discussion of the risk and benefits.

In individuals with a personal or family history suggestive of an inherited predisposition to breast and ovarian cancer who have not had genetic testing or who have undergone genetic testing and have not had a deleterious BRCA1 or BRCA2 mutation identified, less information is available regarding the relative risks and benefits of PBSO. These individuals are best managed by a multidisciplinary team of gynecologists, gynecologic oncologists, and geneticists experienced in the care of women at inherited risk for cancer.

#### Limitations

- 1. Genetic testing of a non-covered family member of the member for the sole purpose of obtaining non-related genetic information is <u>not</u> covered
- 2. Occasionally, blood or tissue samples from other non-covered family members are required to provide the medical information necessary for the proper medical care of a member. Molecular-based testing for BRCA and other specific heritable disorders in non-members is **covered** when **all** of the following conditions are met:
  - The information is needed to adequately assess risk in the member And
  - The information will be used in the immediate care plan of the member And
  - The non-covered family member's benefit plan (if any) will not cover the test and the denial is based on specific plan exclusion

#### See Also:

PA-055 Molecular Susceptibility Testing for Breast and Ovarian Cancer

### Background

Prophylactic bilateral oophorectomy is a surgical procedure that removes both ovaries. The goal of this surgery is to reduce the risk of ovarian, fallopian tube, and peritoneal cancers, particularly for those women who are at high risk. This procedure can be done at the same time as the removal of the fallopian tubes during a hysterectomy. Risk factors can include family history of breast or ovarian cancer and/or the presence of mutations in the BRCA1/2 gene.

Approximately 5-10% of all inherited cases of breast and ovarian cancers are associated with mutations in the BRCA1/2 genes. According to the American College of Obstetricians and



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Gynecologists (ACOG), ovarian cancer has the highest mortality rate out of all types of gynecologic cancer and is the 5<sup>th</sup> leading cause of cancer deaths among women.

#### **Definitions:**

First-degree relative	Parent, sibling or child of an individual
Second-degree	Grandparent, aunt, uncle, half-sibling, niece, nephew or grandchild
relative	of an individual
Third degree	Great-grandparent, great-uncle, great-aunt, first cousin, grand-
relative	niece, grand-nephew, or great-grandchild of an individual
Breast cancer	Invasive breast cancer or ductal carcinoma in situ
Ovarian cancer	Epithelial ovarian cancer

#### Codes:

CPT Codes / HCPCS Codes / ICD-10 Codes	
Description	
CPT Codes	
Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)	
Oophorectomy, partial or total, unilateral or bilateral.	
ICD-10 codes covered if selection criteria are met:	
Malignant neoplasm of ovary	
Malignant neoplasm of fallopian tube	
Malignant neoplasm of broad ligament	
Malignant neoplasm of round ligament	
Malignant neoplasm of parametrium	
Malignant neoplasm of uterine adnexa, unspecified	
Malignant neoplasm of other specified female genital organs, overlapping sites of female genital organs, and female genital organs unspecified	
Secondary malignant neoplasm of ovary	



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D27.0-D27.9	Benign neoplasm of ovary
D39.10-D39.12	Neoplasm of uncertain behavior or unspecified ovary
N83.0-N83.9	Non-inflammatory disorders of ovary, fallopian tube, and broad ligament
N94.89	Other specified conditions associated with female genital organs and menstrual cycle
O00.0-O00.9	Ectopic pregnancy and other ectopic pregnancy
P01.4	Newborn (suspected to be) affected by ectopic pregnancy
Z40.00	Encounter for prophylactic removal of unspecified organ
Z40.02	Encounter for prophylactic removal of ovary
Z40.09	Encounter for prophylactic removal of other organ

### References

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- 9. Risk Assessment, Genetic Counseling, and Genetic Testing for BRCA-Related Cancer: Systematic Review to Update the U.S. Preventive Services Task Force Recommendation <a href="https://www.ncbi.nlm.nih.gov/books/NBK179204/">https://www.ncbi.nlm.nih.gov/books/NBK179204/</a>
- 10. NCI Dictionary of Genetics Terms <u>https://www.cancer.gov/publications/dictionaries/genetics-</u> <u>dictionary?cdrid=460150</u>
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