



# Remote Patient Monitoring Criteria

Policy Number: PA 23

Last Review Date: 02/20/2020

Effective Date: 01/01/2018

## Policy

Maryland Care, Inc., dba Maryland Physicians Care (MPC) considers Remote Patient Monitoring medically necessary for the following indications:

Maryland Physicians Care members are eligible to receive RPM services if:

1. The member is enrolled with MPC on the date the service is rendered.
2. The member consents to remote patient monitoring services and has the capability to utilize the monitoring tools and take actions to improve self-management of the chronic disease.
3. The member has the internet connections necessary to host the equipment in the home;
4. The member is at high risk for avoidable hospital utilization due to poorly controlled:
  - Chronic obstructive pulmonary disease;
  - Congestive heart failure;
  - Diabetes type 1; or
  - Diabetes type 2; and
5. The provision of remote patient monitoring may reduce the risk of preventable hospital utilization and promote improvement in control of the chronic condition.

Maryland Physicians Care Prior Authorization Department reviews requests for RPM utilizing the following state approved criteria:

1. The Member has one of the conditions described above and also meets the following:
  - a. Two (2) hospital admissions within the prior 12 months with the same qualifying medical condition as the primary diagnosis
  - b. Two (2) emergency department visits within the prior 12 months with the same qualifying medical condition as the primary diagnosis, or
  - c. One (1) hospital admission and one separate emergency department visit within the prior 12 months with the same qualifying condition as the primary diagnosis.
2. The look back period is from the date requested over the previous 12 months for qualifying scenarios.
3. The provider must submit the request utilizing the MDH RPM preauthorization form which can be found on our website at [www.marylandphysicianscare.com](http://www.marylandphysicianscare.com)



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Covered Services include:

A. Remote patient monitoring services include:

- (1) Installation;
- (2) Education for the participant in the use of the equipment; and
- (3) Daily monitoring of vital signs and other medical statistics.

B. The remote patient monitoring provider shall establish an intervention process to address abnormal data measurements in an effort to prevent avoidable hospital utilization.

C. Physician, nurse practitioner, and physician assistant providers who establish remote patient monitoring programs shall be responsible for:

- (1) Establishing criteria for reporting abnormal measurements;
- (2) Informing the member of abnormal results; and
- (3) Monitoring results and improvements in patient's ability to self-manage chronic conditions.

D. Medical interventions by a physician, nurse practitioner, or physician assistant based on abnormal results shall be reimbursed according to COMAR 10.09.02.07.

E. A home health agency shall:

- (1) Have an order by a physician who has examined the patient and with whom the patient has an established, documented and ongoing relationship;
- (2) Report abnormal measurements to the participant and to the ordering provider; and
- (3) Send the ordering provider a weekly summary of monitoring results, including improvement in patient's ability to self-manage chronic conditions.

**The Maryland Department of Health (MDH) Remote Patient monitoring Prior Authorization form is required for all requests.**

## Limitations

A. Remote patient monitoring services are only covered for members who meet the eligibility criteria specified above

B. The Program **does not** cover:

- (1) Remote patient monitoring equipment;
- (2) Upgrades to remote patient monitoring equipment;
- (3) The internet connections necessary to transmit the results of remote patient monitoring services to the provider's offices; or
- (4) More than (**Max number of requests**):
  - (a) 60 days of remote patient monitoring services per episode; and
  - (b) Two episodes per year per participant on a rolling 12-month cycle.

## Background

Maryland Care, Incorporated

**PROPRIETARY AND CONFIDENTIAL**



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Remote patient monitoring is a service which uses digital technologies to collect medical and other forms of health data from individuals and electronically transmits that information securely to health care providers for assessment, recommendations, and interventions. Remote patient monitoring is recommended when it can reduce the risk of preventable hospital utilization and promote chronic disease control.

## Codes

Code	Description
S9110 (HCPCS)	
0581 (Revenue)	

## References

COMAR 10.09.96.01-13 (effective January 1, 2018)

## Attachment

RPM Prior Authorization Form (Final 12.21.2018)



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Patient Monitoring Cr

## Revision Log

Reviewed and Revised: Updated template and COMAR reference	February 2021