Maryland Diabetes Programs and Support Groups

**Allegany County**

**Place:** Westernport Library  
**Address:** 66 Main St., Westernport, MD  
**Contact:** Contact Joan Huston, RN, CDE at (301) 359-3969. Support group only.

**Anne Arundel County**

**Place:** North Arundel Hospital  
**Address:** 301 Hospital Drive, Glen Burnie, MD  
**Contact:** Call Paula Kenny at (410) 787-4513 for more information. Support groups only.

**Place:** University of Maryland Medical System  
**Program Name:** The Joslin Diabetes Center Outpatient Self-Management Program  
**Address:** Shipley's Choice Medical Park 8601 Veterans Highway  
**City, State, Zip:** Millersville, MD, 21108  
**Telephone:** 410-729-4600

**Baltimore City/County**

**Place:** Arlington Hospital  
**Address:** 1701 N. George Mason Drive  
**City, State, Zip:** Arlington, MD  
**Telephone:** Call (703) 558-6700. Individual counseling only.

**Place:** Giant Food, Inc.  
**Program Name:** Giant Diabetes Care Outpatient Education Program  
**Address:** c/o University of Maryland, School of Pharmacy 100 Penn Street, Room 2401  
**City, State, Zip:** Baltimore, MD, 21201  
**Telephone:** 410-706-4146

**Place:** Giant Food, Inc.  
**Program Name:** Giant Diabetes Care Outpatient Education Program  
**Address:** Giant Pharmacy, Store #1117 6223-25 Baltimore National Pike  
**City, State, Zip:** Baltimore, MD, 21228-2921  
**Telephone:** 410-788-6220

**Place:** Good Samaritan Hospital  
**Address:** 5601 Loch Raven Blvd.,  
**City, State, Zip:** Northeast Baltimore, MD  
**Telephone:** Call (410) 532-3838. Open diabetes peer support group.
Place: Harbor Hospital Center
Address: 3001 S. Hanover Street
City, State, Zip: Baltimore, MD
Telephone: Call Paula Yutzy, RN at (410) 550-0100 for more information.

Place: Johns Hopkins Comprehensive Diabetes Center
Program Name: Johns Hopkins Diabetes Education Program
Address: 601 North Caroline Street, JHOC 2006
City, State, Zip: Baltimore, MD, 21287
Telephone: 410-955-2815

Place: Johns Hopkins Diabetes Center
Address: 86101 North Carolina St., Second Floor
City, State, Zip: Baltimore, MD
Telephone: Call (410) 955-7139.
Classes only.

Place: MEDSTAR HEALTH/Franklin Square Hospital
Program Name: MedStar Diabetes Institute Outpatient Education Program
Address: 9000 Franklin Square Drive
City, State, Zip: Baltimore, MD, 21237

Place: MEDSTAR HEALTH/Harbor Hospital Center
Program Name: MedStar Diabetes Institute Outpatient Education Program
Address: 301 S. Hanover Street
City, State, Zip: Baltimore, MD, 21225

Place: MEDSTAR HEALTH/Union Memorial Hospital
Program Name: MedStar Diabetes Institute Outpatient Education Program
Address: 201 E. University Parkway
City, State, Zip: Baltimore, MD, 21218

Place: Mercy Medical Center
Program Name: The Diabetes Center at Mercy
Address: 301 St. Paul Place
City, State, Zip: Baltimore, MD, 21202
Telephone: 410-332-9800

Place: Sinai Hospital
Address: 2411 W. Belvedere Ave MOB ste 205
Contact: Nikki Hurley, RN, BSN at 410-601-8331
Support group open for diabetic teens (13-18)

Place: St. Agnes HealthCare
Program Name: St. Agnes Diabetes Center
Address: 3412 Benson Avenue, Suite #210
City, State, Zip: Baltimore, MD, 21229
Telephone: 410-368-8485
**Place:** St. Agnes HealthCare  
**Program Name:** St. Agnes Senior Care Services  
**Address:** 900 Caton Avenue  
**City, State, Zip:** Baltimore, MD, 21229  
**Telephone:** 410-368-3422

**Place:** University of Maryland Medical System  
**Program Name:** The Joslin Diabetes Center Outpatient Self-Management Program  
**Address:** 22 South Greene Street  
**City, State, Zip:** Baltimore, MD, 21201-1595  
**Telephone:** 410-328-0393

**Place:** Bibelot BookStore  
**Address:** 1819 Reisterstown Road  
**City, State, Zip:** Pikesville, MD  
**Contact:** Contact Donna Goodman at (410) 730-9430.  
Support group for people with or without complications.

**Place:** Northwest Hospital Center  
**Address:** 5401 Old Court Road, Education Center  
**City, State, Zip:** Randallstown, MD  
**Contact:** Contact Gloria Robinson, RN, BSN at (410) 521-5962.  
Support group only.

**Place:** Franklin Square Hospital  
**Address:** 9000 Franklin Square Drive, Conference Room 5  
**City, State, Zip:** Rosedale, MD  
**Contact:** Contact Ann Smith at (410) 682-7547 or Sharon Heimiller at (410) 682-8214.  
Support group only.

**Place:** St. Joseph Medical Center  
**Program Name:** St. Joseph Medical Center Diabetes Outpatient Self-Management Education Program  
**Address:** 7601 Osler Drive  
**City, State, Zip:** Towson, MD, 21204  
**Telephone:** 410-337-1382

**Place:** Towson, MD  
**Contact:** Tracey Hamelin @ 410-321-7266  
Support group open for Parents of toddlers with Diabetes (5 years and younger)

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**Calvert County**

**Place:** Calvert Memorial Hospital  
**Address:** 100 Hospital Road  
**City, State, Zip:** Prince Frederick, MD  
**Contact:** Contact Joan Robertson, RD at (410) 535-8206.  
Adult and family support group.
Carroll County

Place: Westminster Senior Center  
Address: Stoner Avenue  
City, State, Zip: Westminster, MD  
Contact: Contact Dan Schaller for more information and to verify meeting time at (410) 876-9888 or (410) 635-8738.  
Support group meets the first Monday evening of the month.

Cecil County

Place: Christiana Care/Union Hospital  
Program Name: Living With Diabetes Outpatient Program  
Address: 106 Bow Street  
City, State, Zip: Elkton, MD, 21921  
Telephone: 302-731-0743

Place: Union Hospital  
Address: 106 Bow St.  
City, State, Zip: Elkton, MD  
Contact: Contact Susan Prior, RN, CDE at (410) 398-4000.  
Adult support group, children invited to come with parents.

Place: Georgetown University Hospital  
Address: 3800 Reservoir Road  
City, State, Zip: Georgetown, MD  
Contact: NW Classes only. Call (202) 784-2200.

Place: Greater Southeast Community Hospital  
Address: 1310 Southern Ave.  
City, State, Zip: Georgetown, MD  
Contact: SE Classes only. Call (202) 574-6762.

Place: Howard University Hospital  
Address: 2041 Georgia Ave.  
City, State, Zip: Georgetown, MD  
Contact: NW Call (202) 865-3290.
Charles County

**Place:** Maryland Foundation for Quality Healthcare, Inc.  
**Program Name:** Diabetes Outpatient Self-Management Education Program  
**Address:** 12070 Old Line Center, Suite 100  
**City, State, Zip:** Waldorf, MD, 20602  
**Telephone:** 301-870-7816 X 3007

Frederick County

**Place:** Frederick Memorial Healthcare System FMH Wellness Center  
**Program Name:** Outpatient Diabetes Self-Management Program  
**Address:** FSK Mall - 5500 Buckeystown Pike  
**City, State, Zip:** Frederick, MD, 21703  
**Telephone:** 301-698-3730

Harford County

**Place:** Upper Chesapeak Health/Saint Joseph's Home Care  
**Program Name:** Upper Chesapeake Medical Center Diabetes Self-Management Outpatient Education Program  
**Address:** 500 Upper Chesapeake Drive  
**City, State, Zip:** Bel air, MD, 21014  
**Telephone:** 410-931-1419

**Place:** Fallston General Hospital  
**Address:** 200 Milton Ave.  
**City, State, Zip:** Fallston, MD  
**Contact:** Call Ann Cannon at (410) 877-3700 for more information.

**Place:** Upper Chesapeake Health/Saint Joseph Home Care - Harford Memorial Hospital  
**Program Name:** Upper Chesapeake/Saint Joseph Home Care Diabetes Self-Management Outpatient Education Program  
**Address:** 501 S. Union Avenue  
**City, State, Zip:** Havre de Grace, MD, 21078  
**Telephone:** 410-931-1419

Howard County

**Place:** Columbia Hospital for Women  
**Address:** 425 L St., NW Classes Only
City, State, Zip: Columbia, MD
Contact: Call (202) 293-6600.

Place: Florence Bain Senior Center
Address: 5470 Beaverkill Road
City, State, Zip: Columbia, MD
Contact: Call Mary Blanchard 410-740-7695 for additional information
Meets on the 1st Tuesday of each month.

Place: HCGH Wellness Center
Address: Columbia Medical Center Bldg., Suite L-9, 11055 Little Patuxent Parkway
City, State, Zip: Columbia, MD
Contact: Call Mary Blanchard 410-740-7695
Support group meetings and Individual counseling with a Certified Diabetes Nurse or Dietitian is also available. Seminar "Diabetes: Healthy Options" will be Saturdays, March 14 and June 6.

Place: Johns Hopkins Comprehensive Diabetes Center-Howard County General Hospital
Program Name: Johns Hopkins Outpatient Diabetes Education Program
Address: 5755 Cedar Lane
City, State, Zip: Columbia, MD, 21044
Telephone: 410-740-7695

**Montgomery County**

Place: Johns Hopkins Comprehensive Diabetes Center-Suburban Hospital
Program Name: Johns Hopkins Diabetes Education Program
Address: 8600 Old Georgetown Road
City, State, Zip: Bethesda, MD, 20814

Place: Suburban Hospital
Address: 8600 Old Georgetown Road
City, State, Zip: Bethesda, MD

Place: Montgomery General Hospital
Program Name: Diabetes Outpatient Education Program
Address: 18101 Prince Philip Drive
City, State, Zip: Olney, MD, 20832
Telephone: 301-774-8727

Place: Shady Grove Adventist Hospital
Address: 9901 Medical Center Drive
City, State, Zip: Rockville, MD
Contact: Call (301) 279-6529.

Place: Holy Cross Hospital  
**Program Name:** Outpatient Diabetes Self-Management Program and Gestational Diabetes Education Program  
Address: 1500 Forest Glen Road  
City, State, Zip: Silver Spring, MD, 20910  
Telephone: 301-754-7448

Place: Washington Adventist Hospital  
Address: 7600 Carroll Ave.  
City, State, Zip: Takoma Park, MD  
Contact: Call (301) 891-6095.

Place: Leo Hendricks Consulting Associates  
**Program Name:** LHCA's Diabetes Self-Management Skills Training Center  
Address: 3937 Ferrera Drive  
City, State, Zip: Wheaton, MD, 20906  
Telephone: 301-942-0678

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**Prince George County**

Place: 89th Medical Group/Malcolm Grow USAF Medical Center  
**Program Name:** The Outpatient Diabetes Education Clinic  
Address: SGOMI/89th Medical Group 1050 West Perimeter Road  
City, State, Zip: Andrews AFB, MD, 20762-6600  
Telephone: 240-857-3043

Place: Prince George's Hospital Center  
Address: 3001 Hospital Drive  
City, State, Zip: Cheverly, MD  
Contact: Call (301) 618-3297.

Place: Maryland Foundation for Quality Healthcare, Inc. (MFQH)-Clinton Site  
**Program Name:** MFQH Diabetes Self-Management Education Program  
Address: 7801 Old Branch Avenue, Suite 203  
City, State, Zip: Clinton, MD, 20735  
Telephone: 301-868-9039 X17

Place: Southern Maryland Hospital Center:  
Address: 7503 Surratts Road  
City, State, Zip: Clinton, MD  
Contact: Call (301) 899-4658.
Place: Laurel Regional Hospital
Program Name: Diabetes Education Services
Address: 7300 Van Dussen Road
City, State, Zip: Laurel, MD, 20707
Telephone: 301-617-8636

Place: Doctor’s Community Hospital
Address: 8118 Good Luck Road
City, State, Zip: Lanham, MD
Contact: Call (301) 552-8071.

Queen Anne's County

Place: Kent and Queen Anne's Hospital
Address: 100 Brown Street
City, State, Zip: Chestertown, MD
Contact: Call Barbara McDonalds at (410) 778-3100 for more information. Support groups only.

St. Marys County

Place: Maryland Foundation for Quality Healthcare, Inc. (MFQH)-California Site
Program Name: MFQH Diabetes Self-Management Education Program
Address: PO Box 730, Wildwood Center
City, State, Zip: California, MD, 20636
Telephone: 301-862-3778

Washington County

Place: Diabetes Education Center/Robinwood Medical Center
Address: 11110 Medical Campus Drive, Rehab Center, Suite 201
City, State, Zip: Hagerstown, MD
Contact: Adult support group, call Gerry Wolfe at (301) 790-8085. Parent support group, call Carol Malott at (301) 733-6592.

Place: Washington County Health Systems, Inc.
Program Name: Outpatient Diabetes Self-Management Training Program
Address: 11110 Medical Campus Road, Suite 104
City, State, Zip: Hagerstown, MD, 21742
Telephone: 301-714-4041

Place: Washington County Health Systems, Inc. - H.W. Murphy Community Health
Center at Walnut Street

Program Name: Outpatient Diabetes Self-Management Training Program
Address: 24 North Walnut Street
City, State, Zip: Hagerstown, MD, 21740
Telephone: 301-714-4041

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Wicomico County

Place: Peninsula Regional Medical Center
Program Name: Diabetes Outpatient Education Program
Address: 100 East Carroll Street
City, State, Zip: Salisbury, MD, 21801
Telephone: 410-543-7061

Place: VFW
Address: E. Williams St.
City, State, Zip: Salisbury, MD
Contact: Contact Carolyn Fitzgerald at (410) 543-7061.
Support group only.