



## Maryland Diabetes Programs and Support Groups

### Allegany County

**Place:** Westernport Library

**Address:** 66 Main St., Westernport, MD

**Contact:** Contact Joan Huston, RN, CDE at (301) 359-3969.

Support group only.

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### Anne Arundel County

**Place:**North Arundel Hospital

**Address:**301 Hospital Drive, Glen Burnie, MD

**Contact:** Call Paula Kenny at (410) 787-4513 for more information.

Support groups only.

**Place:** University of Maryland Medical System

**Program Name:** The Joslin Diabetes Center Outpatient Self-Management Program

**Address:** Shipley's Choice Medical Park 8601 Veterans Highway

**City, State, Zip:** Millersville, MD, 21108

**Telephone:** 410-729-4600

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### Baltimore City/County

**Place:** Arlington Hospital

**Address:** 1701 N. George Mason Drive

**City, State, Zip:** Arlington, MD

**Telephone:** Call (703) 558-6700.

Individual counseling only.

**Place:** Giant Food, Inc.

**Program Name:** Giant Diabetes Care Outpatient Education Program

**Address:** c/o University of Maryland, School of Pharmacy 100 Penn Street, Room 240I

**City, State, Zip:** Baltimore, MD, 21201

**Telephone:** 410-706-4146

**Place:** Giant Food, Inc.

**Program Name:** Giant Diabetes Care Outpatient Education Program

**Address:** Giant Pharmacy, Store #1117 6223-25 Baltimore National Pike

**City, State, Zip:** Baltimore, MD, 21228-2921

**Telephone:** 410-788-6220

**Place:**Good Samaritan Hospital

**Address:**5601 Loch Raven Blvd.,

**City, State, Zip:** Northeast Baltimore, MD

**Telephone:** Call (410) 532-3838.

Open diabetes peer support group.



**Place:** Harbor Hospital Center  
**Address:** 3001 S. Hanover Street  
**City, State, Zip:** Baltimore, MD  
**Telephone:** Call Paula Yutzy, RN at (410) 550-0100 for more information.

**Place:** Johns Hopkins Comprehensive Diabetes Center  
**Program Name:** Johns Hopkins Diabetes Education Program  
**Address:** 601 North Caroline Street, JHOC 2006  
**City, State, Zip:** Baltimore, MD, 21287  
**Telephone:** 410-955-2815

**Place:** Johns Hopkins Diabetes Center  
**Address:** 86101 North Carolina St., Second Floor  
**City, State, Zip:** Baltimore, MD  
**Telephone:** Call (410) 955-7139.  
Classes only.

**Place:** MEDSTAR HEALTH/Franklin Square Hospital  
**Program Name:** MedStar Diabetes Institute Outpatient Education Program  
**Address:** 9000 Franklin Square Drive  
**City, State, Zip:** Baltimore, MD, 21237

**Place:** MEDSTAR HEALTH/Harbor Hospital Center  
**Program Name:** MedStar Diabetes Institute Outpatient Education Program  
**Address:** 301 S. Hanover Street  
**City, State, Zip:** Baltimore, MD, 21225

**Place:** MEDSTAR HEALTH/Union Memorial Hospital  
**Program Name:** MedStar Diabetes Institute Outpatient Education Program  
**Address:** 201 E. University Parkway  
**City, State, Zip:** Baltimore, MD, 21218

**Place:** Mercy Medical Center  
**Program Name:** The Diabetes Center at Mercy  
**Address:** 301 St. Paul Place  
**City, State, Zip:** Baltimore, MD, 21202  
**Telephone:** 410-332-9800

**Place:** Sinai Hospital  
**Address:** 2411 W. Belvedere Ave MOB ste 205  
**Contact:** Nikki Hurley, RN, BSN at 410-601-8331  
Support group open for diabetic teens (13-18)

**Place:** St. Agnes HealthCare  
**Program Name:** St. Agnes Diabetes Center  
**Address:** 3412 Benson Avenue, Suite #210  
**City, State, Zip:** Baltimore, MD, 21229  
**Telephone:** 410-368-8485



**Place:** St. Agnes HealthCare  
**Program Name:** St. Agnes Senior Care Services  
**Address:** 900 Caton Avenue  
**City, State, Zip:** Baltimore, MD, 21229  
**Telephone:** 410-368-3422

**Place:** University of Maryland Medical System  
**Program Name:** The Joslin Diabetes Center Outpatient Self-Management Program  
**Address:** 22 South Greene Street  
**City, State, Zip:** Baltimore, MD, 21201-1595  
**Telephone:** 410-328-0393

**Place:** Bibelot BookStore  
**Address:** 1819 Reisterstown Road  
**City, State, Zip:** Pikesville, MD  
**Contact:** Contact Donna Goodman at (410) 730-9430.  
Support group for people with or without complications.

**Place:** Northwest Hospital Center  
**Address:** 5401 Old Court Road. Education Center  
**City, State, Zip:** Randallstown, MD  
**Contact:** Contact Gloria Robinson, RN, BSN at (410) 521-5962.  
Support group only.

**Place:** Franklin Square Hospital  
**Address:** 9000 Franklin Square Drive, Conference Room 5  
**City, State, Zip:** Rosedale, MD  
**Contact:** Contact Ann Smith at (410) 682-7547 or Sharon Heimiller at (410) 682-8214.  
Support group only.

**Place:** St. Joseph Medical Center  
**Program Name:** St. Joseph Medical Center Diabetes Outpatient Self-Management Education Program  
**Address:** 7601 Osler Drive  
**City, State, Zip:** Towson, MD, 21204  
**Telephone:** 410-337-1382

**Place:** Towson, MD  
**Contact:** Tracey Hamelin @ 410-321-7266  
Support group open for Parents of toddlers with Diabetes (5 years and younger)

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### **Calvert County**

**Place:** Calvert Memorial Hospital  
**Address:** 100 Hospital Road  
**City, State, Zip:** Prince Frederick, MD  
**Contact:** Contact Joan Robertson, RD at (410) 535-8206.  
Adult and family support group.



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## **Carroll County**

**Place:** Westminster Senior Center

**Address:** Stoner Avenue

**City, State, Zip:** Westminster, MD

**Contact:** Contact Dan Schaller for more information and to verify meeting time at (410) 876-9888 or (410) 635-8738.

Support group meets the first Monday evening of the month.

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## **Cecil County**

**Place:** Christiana Care/Union Hospital

**Program Name:** Living With Diabetes Outpatient Program

**Address:** 106 Bow Street

**City, State, Zip:** Elkton, MD, 21921

**Telephone:** 302-731-0743

**Place:** Union Hospital

**Address:** 106 Bow St.

**City, State, Zip:** Elkton, MD

**Contact:** Contact Susan Prior, RN, CDE at (410) 398-4000.

Adult support group, children invited to come with parents.

**Place:** Georgetown University Hospital

**Address:** 3800 Reservoir Road

**City, State, Zip:** Georgetown, MD

**Contact:** NW Classes only. Call (202) 784-2200.

**Place:** Greater Southeast Community Hospital

**Address:** 1310 Southern Ave.

**City, State, Zip:** Georgetown, MD

**Contact:** SE Classes only. Call (202) 574-6762.

**Place:** Howard University Hospital

**Address:** 2041 Georgia Ave.

**City, State, Zip:** Georgetown, MD

**Contact:** NW Call (202) 865-3290.



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### Charles County

**Place:** Maryland Foundation for Quality Healthcare, Inc.  
**Program Name:** Diabetes Outpatient Self-Management Education Program  
**Address:** 12070 Old Line Center, Suite 100  
**City, State, Zip:** Waldorf, MD, 20602  
**Telephone:** 301-870-7816 X 3007

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### Frederick County

**Place:** Frederick Memorial Healthcare System FMH Wellness Center  
**Program Name:** Outpatient Diabetes Self-Management Program  
**Address:** FSK Mall - 5500 Buckeystown Pike  
**City, State, Zip:** Frederick, MD, 21703  
**Telephone:** 301-698-3730

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### Harford County

**Place:** Upper Chesapeake Health/Saint Joseph's Home Care  
**Program Name:** Upper Chesapeake Medical Center Diabetes Self-Management Outpatient Education Program  
**Address:** 500 Upper Chesapeake Drive  
**City, State, Zip:** Bel air, MD, 21014  
**Telephone:** 410-931-1419

**Place:** Fallston General Hospital  
**Address:** 200 Milton Ave.  
**City, State, Zip:** Fallston, MD  
**Contact:** Call Ann Cannon at (410) 877-3700 for more information.

**Place:** Upper Chesapeake Health/Saint Joseph Home Care - Harford Memorial Hospital  
**Program Name:** Upper Chesapeake/Saint Joseph Home Care Diabetes Self-Management Outpatient Education Program  
**Address:** 501 S. Union Avenue  
**City, State, Zip:** Havre de Grace, MD, 21078  
**Telephone:** 410-931-1419

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### Howard County

**Place:** Columbia Hospital for Women  
**Address:** 425 L St., NW Classes Only



**City, State, Zip:** Columbia, MD  
**Contact:** Call (202) 293-6600.

**Place:** Florence Bain Senior Center  
**Address:** 5470 Beaverkill Road  
**City, State, Zip:** Columbia, MD  
**Contact:** Call Mary Blanchard 410-740-7695 for additional information  
Meets on the 1st Tuesday of each month.

**Place:** HCGH Wellness Center  
**Address:** Columbia Medical Center Bldg., Suite L-9, 11055 Little Patuxent Parkway  
**City, State, Zip:** Columbia, MD  
**Contact:** Call Mary Blanchard 410-740-7695  
Support group meetings and Individual counseling with a Certified Diabetes Nurse or Dietitian is also available. Seminar "Diabetes: Healthy Options" will be Saturdays, March 14 and June 6.

**Place:** Johns Hopkins Comprehensive Diabetes Center-Howard County General Hospital  
**Program Name:** Johns Hopkins Outpatient Diabetes Education Program  
**Address:** 5755 Cedar Lane  
**City, State, Zip:** Columbia, MD, 21044  
**Telephone:** 410-740-7695

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### **Montgomery County**

**Place:** Johns Hopkins Comprehensive Diabetes Center-Suburban Hospital  
**Program Name:** Johns Hopkins Diabetes Education Program  
**Address:** 8600 Old Georgetown Road  
**City, State, Zip:** Bethesda, MD, 20814

**Place:** Suburban Hospital  
**Address:** 8600 Old Georgetown Road  
**City, State, Zip:** Bethesda, MD

**Place:** Montgomery General Hospital  
**Program Name:** Diabetes Outpatient Education Program  
**Address:** 18101 Prince Philip Drive  
**City, State, Zip:** Olney, MD, 20832  
**Telephone:** 301-774-8727

**Place:** Shady Grove Adventist Hospital  
**Address:** 9901 Medical Center Drive  
**City, State, Zip:** Rockville, MD



**Contact:** Call (301) 279-6529.

**Place:** Holy Cross Hospital

**Program Name:** Outpatient Diabetes Self-Management Program and Gestational Diabetes Education Program

**Address:** 1500 Forest Glen Road

**City, State, Zip:** Silver Spring, MD, 20910

**Telephone:** 301-754-7448

**Place:** Washington Adventist Hospital

**Address:** 7600 Carroll Ave.

**City, State, Zip:** Takoma Park, MD

**Contact:** Call (301) 891-6095.

**Place:** Leo Hendricks Consulting Associates

**Program Name:** LHCA's Diabetes Self-Management Skills Training Center

**Address:** 3937 Ferrera Drive

**City, State, Zip:** Wheaton, MD, 20906

**Telephone:** 301-942-0678

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### **Prince George County**

**Place:** 89th Medical Group/Malcolm Grow USAF Medical Center

**Program Name:** The Outpatient Diabetes Education Clinic

**Address:** SGOMI/89th Medical Group 1050 West Perimeter Road

**City, State, Zip:** Andrews AFB, MD, 20762-6600

**Telephone:** 240-857-3043

**Place:** Prince George's Hospital Center

**Address:** 3001 Hospital Drive

**City, State, Zip:** Cheverly, MD

**Contact:** Call (301) 618-3297.

**Place:** Maryland Foundation for Quality Healthcare, Inc. (MFQH)-Clinton Site

**Program Name:** MFQH Diabetes Self-Management Education Program

**Address:** 7801 Old Branch Avenue, Suite 203

**City, State, Zip:** Clinton, MD, 20735

**Telephone:** 301-868-9039 X17

**Place:** Southern Maryland Hospital Center:

**Address:** 7503 Surratts Road

**City, State, Zip:** Clinton, MD

**Contact:** Call (301) 899-4658.



**Place:** Laurel Regional Hospital  
**Program Name:** Diabetes Education Services  
**Address:** 7300 Van Dussen Road  
**City, State, Zip:** Laurel, MD, 20707  
**Telephone:** 301-617-8636

**Place:** Doctor's Community Hospital  
**Address:** 8118 Good Luck Road  
**City, State, Zip:** Lanham, MD  
**Contact:** Call (301) 552-8071.

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### Queen Annes County

**Place:** Kent and Queen Anne's Hospital  
**Address:** 100 Brown Street  
**City, State, Zip:** Chestertown, MD  
**Contact:** Call Barbara McDonalds at (410) 778-3100 for more information.  
Support groups only.

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### St. Marys County

**Place:** Maryland Foundation for Quality Healthcare, Inc. (MFQH)-California Site  
**Program Name:** MFQH Diabetes Self-Management Education Program  
**Address:** PO Box 730, Wildwood Center  
**City, State, Zip:** California, MD, 20636  
**Telephone:** 301-862-3778

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### Washington County

**Place:** Diabetes Education Center/Robinwood Medical Center  
**Address:** 11110 Medical Campus Drive, Rehab Center, Suite 201  
**City, State, Zip:** Hagerstown, MD  
**Contact:** Adult support group, call Gerry Wolfe at (301) 790-8085.  
Parent support group, call Carol Malott at (301) 733-6592.

**Place:** Washington County Health Systems, Inc.  
**Program Name:** Outpatient Diabetes Self-Management Training Program  
**Address:** 11110 Medical Campus Road, Suite 104  
**City, State, Zip:** Hagerstown, MD, 21742  
**Telephone:** 301-714-4041

**Place:** Washington County Health Systems, Inc. - H.W. Murphy Community Health





Center at Walnut Street

**Program Name:** Outpatient Diabetes Self-Management Training Program

**Address:** 24 North Walnut Street

**City, State, Zip:** Hagerstown, MD, 21740

**Telephone:** 301-714-4041

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### **Wicomico County**

**Place:** Peninsula Regional Medical Center

**Program Name:** Diabetes Outpatient Education Program

**Address:** 100 East Carroll Street

**City, State, Zip:** Salisbury, MD, 21801

**Telephone:** 410-543-7061

**Place:** VFW

**Address:** E. Williams St.

**City, State, Zip:** Salisbury, MD

**Contact:** Contact Carolyn Fitzgerald at (410) 543-7061.

Support group only.