

Dear Educator and Community Friend,

Maryland Physicians Care (MPC) is a values-driven, community focused managed care organization (MCO) that improves the health status of its members through effective care management systems.

One of the ways we improve health status is by providing health education presentations to the community. Each interactive presentation is usually 30-60 minutes, but timeframes are very flexible.

Topics Include:

- **Immunizations and Personal Hygiene**
- **Dental Health**
- **Asthma**
- **Obesity**
- **Alcohol and Other Drugs**
- **Heart Health**

To learn more about Maryland Physicians Care, please visit our website at www.marylandphysicianscare.com. To schedule a presentation, please call our Prevention & Wellness Department at 410-401-9451.

Thank you!

